



THE ONE

CLINIC OF AESTHETICS

PRE & POST CARE

Dermaplaning



Dermaplaning Aftercare

PRE & POST CARE

Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided. Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure or tanning beds). Although minimum SPF 30+ should already be a part of your daily skin care, after dermaplaning, SPF 30+ must be applied daily to the treated area for a minimum of two weeks. Twice daily cleanse the treated area with a post-treatment cleanser, followed by a serum or treatment cream and follow with SPF 30+ sunscreen.

If you have additional questions or concerns regarding your treatment or suggested home regimen, you will consult your skin therapist immediately. Neuromodulators are a temporary procedure and at first you may find that your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your injector, the duration of each treatment may last longer than 4 months.

Questions about the Pre & Post Care? Call us at 647-968-4218