



# THE ONE

CLINIC OF AESTHETICS

PRE & POST CARE

Laser Treatment Screening



## Laser Treatment Screening

---

### PRE & POST CARE

#### **General contraindications for laser and light-based procedures are:**

- Pregnancy or breastfeeding
- Under 18 years of age
- Systemic and immunodeficiency disorders
- A history of acute and/or active infections (e.g. Herpes simplex)
- A history of heart problems (pacemaker, arrhythmia, etc)
- A history of intolerance to anesthesia or related conditions
- A history of blood coagulation (bleeding) problems
- A history of poor scar formation
- A tendency of keloid formation
- Uncontrolled hormonal disorders
- Localized disease in the treatment area (malignant lesions)
- An area with filling of non-reabsorbed substances
- Tanned skin/sunless tanning lotion
- Photosensitivity and/or allergic to sunlight
- Epilepsy or derived/related disorders
- Use of photosensitizing medications, such as: tretinoin, estrogen and some antibiotics – Diabetes, except if controlled
- Kidney / Liver disease (only for tattoo removal)
- Cold sores



## Laser Treatment Screening

---

### PRE & POST CARE

Please be advised that the use of aspirin, ibuprofen, or anticoagulants must not be taken within two weeks prior to the procedure, in addition to alcohol ingestion.

Please contact the clinic upon booking your laser appointment for proper screening and if any of the above are applicable to you.

We recommend a consultation and require a test patch a minimum of 24 hours prior to your appointment.

If you are a skin type IV-VI, please be advised that darker skin types are at a higher risk for burns & hyper/hypo-pigmentation, thus cannot be treated with some lasers.

If you have further questions, please contact us at  
647-968-4218 or [info@theoneclinic.ca](mailto:info@theoneclinic.ca)



---

Questions about the Pre & Post Care? Call us at 647-968-4218