



# THE ONE

CLINIC OF AESTHETICS

PRE & POST CARE

Advanced Cell Stimulation (Microneedling)



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### PRE & POST CARE

1. Avoid the sun for 48 hours. The use of any AHAs, BHAs, or Retinoids is prohibited for 5 days post treatment.
2. Avoid derma fillers at least 1 week post treatment or 2 weeks prior to treatment.
3. The use of Swissclinical SOS-911 kit for seven days after each treatment is mandatory to avoid any bacteria or epidermal inflammation.
4. Wash your face with a gentle cleanser for at least 48 hours after treatment.
5. Do not take any inflammatory medicines for at least 2 weeks post treatment.
6. Makeup may be used when the skin is completely healed (wait 12 hours post procedure). Using make-up on broken skin poses a certain risk of hyper pigmentation as a result of infiltration of makeup into the open tissue, as well as the risk of potential bacterial infection and inflammation in the treatment area.
7. Swelling and redness is normal and will subside within 48-72 hours.
8. You may experience flaking and peeling of the skin surface for 2-3 days, using the Swissclinical SOS-911 kit will help to keep skin hydrated.
9. Consecutive treatments depends on your condition diagnosed by your healthcare provider. The interval between treatments is approximately 2-4 weeks.

Questions about the Pre & Post Care? Call us at 647-968-4218